

The Official Newsletter of The Paradise Academy
182A Durham Road, Bradford, BD8 9HU



READ ALL ABOUT IT!

Welcome to our exciting new Termly newsletter, where we will update you on all the activities that have taken place at The Paradise Academy. It has been a busy term with the settling down of students in their new classes & the completion of Term 1 curriculum and assessments.

As we enjoy our holidays in the comfort of our homes and with our families the students at The Paradise Academy have learnt the importance of helping other kids around the world that are less fortunate than ourselves.

The Prophet Muhammad (SAW) said the **"The best of you are those that benefit mankind the most"**

Last month we had the privilege of hosting Ummah Welfare Trust at our Madrassah. As Muslims we are one big family so when we see the pain and suffering of our brothers and sisters around the world it becomes our duty to help and assist in anyway, that is why every year we run a campaign called Kidz4Kidz to help suffering children around the world. We raised money from our families and friends to help build schools, masjids and medical centres. The money also goes towards the equipment in these buildings. Many children will be orphans so the money goes towards purchasing new clothes, toys and gifts so that they also can be happy.

By the grace of the Almighty 3 of our students Hafiz Bilal Mehmood, Hafiz Faisal Khan & Hafiz Seyhan Nawaz completed the memorisation of the Holy Quran. Shaikh Abdul Raheem Sahib stressed the importance of holding onto the teachings of the Quran and to make it a habit to recite a portion of Quran everyday at the Hifz Completion Ceremony.

Finally at The Paradise Academy the health and welfare of our students is paramount that is why we have been working with the Bradford Council & BIB to tackle obesity in our children in our Trailblazer program. This month we have been talking about the importance of drinking water so let us all get sipping!

LEARNING THEMES FOR THE TERM

Importance of drinking water

Water is a great gift of Allah. Without it we will not survive. Humans as well as animals drink water. Both Muslims as well as non-Muslims drink water.

It is very important to live a healthy lifestyle so we need to drink plenty of water as our bodies are a blessing from Allah and our duty is to look after them.

WATER & FACTS

- We can live one month without food but only one week without water.
- Water is very important for our body to function properly. It has oxygen in it which is needed for a healthy brain, liver and lungs.
- Keeping hydrated by drinking water improves the condition of our skin and hair.
- Children can lose up to 10 cups of water a day! So, we need to top it up!

SUNNAH OF DRINKING WATER

1. Take a clean glass and fill it with water according to your requirement.
2. Recite "Bismillah hir-Rahman nir-Rahim" before you begin drinking.
3. Drink water with the right hand.
4. Sit down before drinking water.
5. Drink water while taking three breathing pauses.
6. Do not blow or exhale your breath into the glass.
7. Recite "Alhamdolillah" after drinking water.





JESUS (A.S.) SON OF MARY

Prophet Isa (Jesus A.S.) was the last messenger of Allah sent to mankind, before Prophet Muhammad (PBUH). The Jews rejected him, while the Christians elevated him to the level of Son of God, and God Himself. However, Muslims have the correct understanding that Isa (A.S.) was one of the greatest prophets of Islam, and that he is the Messiah. The story of Prophet Isa's return is a well-known tradition in Islam. The life of Isa (a.s.) contains many lessons for Muslims.

Isa (A.S.) brought the same message to mankind as the other Prophets. He was sent with the Injil(Bible), confirming the message of the Torah which had preceded it. This beloved prophet of Allah was one whose life was (by Allah's will) filled with miracles. His birth was a miraculous one, as he was born of a virgin woman, Maryam (Mary) Hence, Isa (A.S.) had no father. In Surah Al Imran, we are told that Isa's (A.S.) creation was like that of Adam (A.S.), the first human. By Allah's permission Prophet Isa (A.S.) performed miracles, as did Prophet Muhammad (S). He talked while he was still in his cradle, he healed people that were ill, he brought the dead back alive a miracle from Allah.

The most miraculous thing about Isa's (A.S.) life is that Allah raised him. He was not killed, as is believed by those of other faiths, and he will return. As Allah informs us in Surah An-Nisa, Jesus was not crucified, but someone else was made to look like him to the people.

As Muslims we have to respect the faith and beliefs of other people but at the same time not forgetting our stand as a Muslim, that Prophet Isa (A.S.) was a chosen prophet of Allah.

THE SIMILARITIES BETWEEN MUHAMMAD (S.A.W.) AND ISA (A.S.)

- The Prophet Muhammad (S.A.W.) saved the first generation of this nation from evil and Prophet Isa (A.S.) will save the last generation of this nation from evil.
- Both Isa (A.S.) AND Muhammad (S.A.W.) were deprived of fatherly love and care.
- Both Prophets were given Books by Allah.
- Both Prophets were supported by Ruh-ul-Qudus (Gabriel)
- They both possessed the quality of mercy and peace.
- The burial place of both prophets is in Madinah.

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**[Jesus] said,
"Indeed, I am the
servant of Allah. He
has given me the
Scripture and made
me a prophet.**

Quran 19:30

IMPORTANT ANNOUNCEMENT!

BRISK WALKING

We are launching a new initiative in the new year to get mother's and daughter's to enjoy walking in the green spaces available in our locality. Every Sunday at 12.30 p.m. we will begin walking for 1 hour from Masjid E Umar and return back to the Masjid for some light snacks. This is the perfect time to get active, stay healthy and spend quality time together. All participants will be given a flyer and an application form closer to the time. Let's go!

REMINDERS FOR PARENTS

The Madrassah will be closing for end of Term 1 Holiday's on Friday 24th December and then re-opening for the new term on Tuesday 4th January 2022.